

# Dental Risk Factors for SBD

**Lateral Tongue Scalloping**



**Mallampati Classification 3 or 4**



**Teeth Wear**



**Mandibular Tori**



**Cervical Abfractions**



**Premolar Extraction**



**Snoring**

**Fatigue**

**Stop Breathing**

**Anxiety / Mood issues**

**Post Menopausal**

**Insomnia**

**Epworth score > 9**

**BMI > 30**

**GERD**

**High Blood Pressure**

**History of Cardiac Disease**

**Obstructed nasal passages**

**Vaulted Palate / Narrow Jaw**

**Retrognathic Mandible**

**Diabetes**

**Stroke**